**Training and Professional Development Opportunities**

**August**

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**Life Matters**

**Employee Assistance Program (EAP) Open to all employees**

**(Zoom) –** Monday 8/12 11:30am-12:00pm [**REGISTER HERE**](https://csueb.zoom.us/meeting/register/tZcrdu-pqDMtGNeKVujyrzsgcm9E_5Dbjrkx)

Learn all what EAP has to offer and enhance your benefits.

**CSU Learn-Manager Dashboard Training for Managers with Direct Reports**

**(Zoom)** **–** Tuesday 8/20 3:00pm-3:30pm [**REGISTER**](https://csueb.zoom.us/meeting/register/tZMtd-ivqzwuHNUxoa0i5-Dkr1wy1Mo98sMA)[**HERE**](https://csueb.zoom.us/meeting/register/tZMtd-ivqzwuHNUxoa0i5-Dkr1wy1Mo98sMA)

**(Zoom) –** Tuesday 8/22 11:00am-11:30am [**REGISTER HERE**](https://csueb.zoom.us/meeting/register/tZUof-ugrDkvH9RXYS1Ig5brtW94VGS214Bu)

Learn how to navigate the Manager Dashboard and monitor completion progress for direct reports.

**CalPERS**

**Benefit Basics-** This class provides a general overview of your CalPERS benefits and the choices you have to maximize your retirement security.

**(Zoom)**- Tuesday 8/20 9:00am-11:30am

**(Zoom)** -Friday 8/23 9:00am-11:30am

Get a basic understanding of your CalPERS benefits. Learn about how your retirement benefit is calculated, the options you have to set aside money for retirement in addition to your pension, what happens if you pass away or leave your employer before you retire, the importance of having a power of attorney on file, what you can find and do in your myCalPERS account and more.

**Planning Your Retirement - For members within 10 years of retirement**

**(Zoom)**- Friday 8/16 10:00am-11:00am

**(Zoom)** -Wednesday 8/28 2:00pm-3:00pm

This is our most comprehensive class that provides a deeper understanding of your benefits as you begin to prepare for retirement. Learn how your pension is calculated, ways to increase it, and the payment options available upon retirement to provide for a beneficiary. You will also learn about the CalPERS Special Power of Attorney and employer contracted CalPERS health benefits.

**How to Enroll**

Log in to [myCalPERS](http://my.calpers.ca.gov/) and select the **Education** tab to view class offerings and register. For virtual classes, you can enroll at any of our eight [Regional Offices](https://www.calpers.ca.gov/page/contact/headquarters-regional-offices), regardless of your location.

Still have questions after taking a class? Select the **Appointment** tab in [myCalPERS](http://my.calpers.ca.gov/) to schedule a one-on-one appointment with one of our specialists. Learn about available appointment types by visiting our [Make an Appointment](https://www.calpers.ca.gov/page/contact/headquarters-regional-offices/make-an-appointment) page.