Some campuses may require lower-division transfer students to have completed English composition and general education mathematics prior to transfer. Contact the transfer campus of choice to determine whether there are admission limits on the number of lower-division transfer students.

California State University General Education Requirements 2024-25

The requirements listed below are for the 2024-25 academic year and are based upon information available at the time of catalog publication.

Forty-eight units of general education are required to graduate from campuses of the CSU system. A maximum of 39 units may be certified by community colleges; nine units must be taken at the upper division level. Acceptable courses are grouped in six areas, A through F. The list of certifiable courses will be subject to change year by year, but students are assured that courses taken to meet General Education-Breadth Requirements will be honored if they are on the list during the year taken.

The following program is structured so that a student who completes the program will be assured of properly meeting the General Education-Breadth Requirements of CSU. Area A and Mathematics must be completed with a minimum grade of "C-". Students who have attended other colleges are urged to consult with a counselor or educational advisor for advice on satisfying General Education-Breadth Requirements.

Significant changes have been made to this general education (GE) pattern effective Fall 2021. Area D, Social Sciences, has been reduced from 9 units to 6. Area F, Ethnic Studies, is a new 3 unit requirement.

Students who began attending Mt. SAC or another California Community College or California State University prior to Fall 2021 will be permitted to complete the previous CSU GE pattern if they maintain CSU continuous enrollment. Please consult a counselor for additional information. Courses must be approved for the academic year in which they are completed.

Students beginning Fall 2024 must follow 2024-2025 CSU GE-Breadth requirements. Courses are approved for the academic year in which they were completed.

Area A: The English Language and Critical Thinking

| Alea A. The English Languag | ge and Ortical Tilliking | |
|------------------------------------|---|-------|
| Course Prefix | Course Name | Units |
| Choose one course from each group: | | 9 |
| A-1: Oral Communication | | |
| SPCH 1A | Public Speaking | |
| SPCH 1AH | Public Speaking - Honors | |
| SPCH 2 | Survey of Communication Studies | |
| SPCH 8 | Professional and Organizational Speaking | |
| SPCH 8H | Professional and Organizational Speaking - Honors | |
| A-2: Written Communication | | |
| AMLA 1A | College Composition for Non-Native English Speakers | |
| ENGL 1A | Freshman Composition | |
| ENGL 1AH | Freshman Composition - Honors | |
| ENGL 1AM | College Composition for Non-Native English Speakers | |
| A-3: Critical Thinking | | |
| ENGL 1C | Critical Thinking and Writing | |
| ENGL 1CH | Critical Thinking and Writing - Honors | |
| ENGR 1C | Engineering Critical Thinking | |
| PHIL 3 | Introduction to Logic | |
| PHIL 3H | Introduction to Logic - Honors | |
| PHIL 8 | Critical Thinking | |
| PHIL 9 | Critical Thinking and Writing | |
| PHIL 9H | Critical Thinking and Writing - Honors | |
| PSYC 5 | Psychology of Reasoning and Problem Solving | |
| READ 100 | Analysis and Critical Reading | |
| SPCH 20 | Argumentation and Debate | |
| SPCH 20H | Argumentation and Debate - Honors | |

Area B: The Physical Universe & Life

| raca b. The Finyologi Onivers | 3 | |
|-------------------------------|---|-------|
| Course Prefix | Course Name | Units |
| | , one lab course must be included in one of the science groups: | 9 |
| B-1: Physical Science | | |
| ASTR 5 | Introduction to Astronomy | |
| ASTR 5H | Introduction to Astronomy - Honors | |
| ASTR 5L | Astronomical Observing Laboratory ¹ | |
| ASTR 7 | Geology of the Solar System | |
| ASTR 8 | Introduction to Stars, Galaxies, and the Universe | |
| CHEM 9 | Chemistry of Everyday Life | |
| CHEM 10 | Chemistry for Allied Health Majors ¹ | |
| CHEM 20 | Introductory Organic and Biochemistry ¹ | |
| CHEM 40 | Introduction to General Chemistry ¹ | |
| CHEM 50 | General Chemistry I 1 | |
| CHEM 50H | General Chemistry I - Honors ¹ | |
| CHEM 51 | General Chemistry II ¹ | |
| CHEM 51H | General Chemistry II - Honors ¹ | |
| CHEM 55 | Chemistry for Engineers ¹ | |
| GEOG 1 | Physical Geography | |
| GEOG 1H | Physical Geography - Honors | |
| GEOG 1L | Physical Geography Laboratory ¹ | |
| GEOG 1LH | Physical Geography Laboratory - Honors ¹ | |
| GEOL 1 | Physical Geology ¹ | |
| GEOL 2 | Historical Geology ¹ | |
| GEOL 7 | Geology of California | |
| GEOL 8 | Earth Science | |
| GEOL 8H | Earth Science - Honors | |
| GEOL 8L | Earth Science Laboratory ¹ | |
| GEOL 9 | Environmental Geology | |
| GEOL 9L | Environmental Geology Laboratory ¹ | |
| GEOL 10 | Natural Disasters | |
| GEOL 24 | Geologic Field Studies: Central California | |
| GEOL 25 | Geologic Field Studies: Southern California ¹ | |
| GEOL 30 | Global Climate Change | |
| METO 3 | Weather and the Atmospheric Environment | |
| METO 3L | Weather and Atmospheric Environment Laboratory ¹ | |
| OCEA 10 | Introduction to Oceanography | |
| OCEA 10H | Introduction to Oceanography - Honors | |
| OCEA 10L | Introduction to Oceanography Laboratory ¹ | |
| PHSC 3 | Energy Science ¹ | |
| PHSC 9 | Physical Science ¹ | |
| PHYS 1 | Physics ¹ | |
| PHYS 2AG | General Physics ¹ | |
| PHYS 2BG | General Physics ¹ | |
| PHYS 4A | Engineering Physics ¹ | |
| PHYS 4B | Engineering Physics ¹ | |
| PHYS 4C | Engineering Physics ¹ | |
| PHYS 6A | General Physics with Calculus ¹ | |
| PHYS 6B | General Physics with Calculus ¹ | |
| B-2: Life Sciences | | |
| AGOR 1 | Horticultural Science | |
| ANAT 10A | Introductory Human Anatomy ¹ | |
| ANAT 10B | Introductory Human Physiology ¹ | |
| ANAT 35 | Human Anatomy ¹ | |
| ANAT 36 | Human Physiology ¹ | |
| ANTH 1 | Biological Anthropology | |
| | | |

| ANTH 1H | Biological Anthropology - Honors |
|------------------|--|
| ANTH 1L | Biological Anthropology Laboratory ¹ |
| BIOL 1 | General Biology ¹ |
| BIOL 2 | Plant and Animal Biology ¹ |
| BIOL 3 | Ecology and Field Biology ¹ |
| BIOL 4 | Biology for Majors ¹ |
| BIOL 4H | Biology for Majors - Honors ¹ |
| BIOL 6 | Humans and the Environment |
| BIOL 6L | Humans and the Environment Laboratory ¹ |
| BIOL 8 | Cell and Molecular Biology ¹ |
| BIOL 17 | Neurobiology and Behavior |
| BIOL 20 | Marine Biology |
| BIOL 21 | Marine Biology Laboratory ¹ |
| BIOL 25 | Conservation Biology |
| BIOL 34 | Fundamentals of Genetics |
| BIOL 34L | Fundamentals of Genetics Laboratory ¹ |
| MICR 1 | Principles of Microbiology ¹ |
| MICR 22 | Microbiology ¹ |
| PSYC 1B | Biological Psychology |
| Z00L 3 | Fundamentals of Zoology ¹ |
| B-3: Lab Science | |

This requirement is met by taking one of the lab courses above. Lab must be a corresponding section to the lecture course taken. 1

B-4: Mathematics

| Select at least one course from the following | ng: |
|---|---|
| BUSC 17 | Applied Business Statistics |
| ENGR 285 | Differential Equations and Linear Algebra for Engineers |
| MATH 100 | Survey of College Mathematics |
| MATH 105 | Mathematical Concepts for Elementary School Teachers |
| MATH 110 | Elementary Statistics |
| MATH 110H | Elementary Statistics - Honors |
| MATH 120 | Finite Mathematics |
| MATH 130 | College Algebra |
| MATH 135 | Precalculus Algebra |
| MATH 140 | Calculus for Business |
| MATH 150 | Trigonometry |
| MATH 160 | Precalculus Mathematics |
| MATH 175 | Precalculus and Trigonometry |
| MATH 180 | Calculus and Analytic Geometry I |
| MATH 181 | Calculus and Analytic Geometry II |
| MATH 260 | Linear Algebra |
| MATH 280 | Calculus and Analytic Geometry III |
| MATH 285 | Linear Algebra and Differential Equations |
| MATH 290 | Differential Equations |
| PSYC 10 | Statistics for the Behavioral Sciences |
| SOC 23 | Introduction to Statistics in Sociology and Social Sciences |
| | |

Area C: Arts, Literature, Philosophy and Foreign Languages

| Course Prefix | Course Name | Units |
|----------------------------------|--|-------|
| Choose three courses, with at le | ast one course from "Arts" and one course from "Humanities": | 9 |
| C-1: Arts | | |
| AHIS 1 | Introduction to the Visual Arts and Art History | |
| or ARTB 1 | Introduction to the Visual Arts and Art History | |
| AHIS 3 | History of Women and Gender in Art ² | |
| AHIS 3H | History of Women and Gender in Art - Honors ² | |
| AHIS 4 | History of Western Art: Prehistoric Through Gothic | |
| AHIS 4H | History of Western Art: Prehistoric Through Gothic - Honors | |
| AHIS 5 | History of Western Art: Renaissance Through Modern | |

| AHIS 5H | History of Western Art: Renaissance Through Modern - Honors |
|-----------------|--|
| AHIS 6 | History of Modern Art |
| AHIS 6H | History of Modern Art - Honors |
| AHIS 7 | Global Contemporary Visual Culture |
| AHIS 8 | History of Medieval Art and Architecture |
| AHIS 9 | History of Asian Art and Architecture ² |
| AHIS 10 | A History of Greek and Roman Art and Architecture |
| AHIS 11 | History of African, Oceanic, and Native American Art ² |
| AHIS 11H | History of African, Oceanic, and Native American Art - Honors ² |
| AHIS 12 | History of Precolumbian Art and Architecture ² |
| AHIS 12H | History of Precolumbian Art and Architecture - Honors ² |
| AHIS 13 | World Art and Visual Culture ² |
| AHIS 14 | Rome: The Ancient City ² |
| AHIS 15 | Culture and Art of Pompeii ² |
| AHIS 16 | History of Latin American Art and Visual Culture |
| AHIS 16H | |
| | History of Latin American Art and Visual Culture - Honors |
| ARCH 250 | World Architecture: Prehistory to the Middle Ages |
| ARCH 251 | World Architecture: Renaissance through the Contemporary Era |
| ARTB 14 | Basic Studio Arts |
| ARTD 15A | Drawing: Beginning |
| ARTD 20 | Design: Two-Dimensional |
| ARTD 25A | Beginning Painting I |
| ARTD 46A | Printmaking: Introduction to Monotype |
| ARTD 47A | Printmaking: Photo and Alternative Processes |
| ARTG 20 | Art, Artists, and Society |
| ARTS 22 | Design: Three-Dimensional |
| ARTS 30A | Ceramics: Beginning I |
| ARTS 40A | Sculpture: Beginning |
| DN-T 20 | History and Appreciation of Dance |
| FASH 9 | History of Fashion |
| ID 14 | History of Furniture and Decorative Arts |
| MUS 12 | History of Jazz |
| MUS 14A | World Music |
| MUS 14B | American Folk Music |
| MUS 14BH | American Folk Music - Honors |
| MUS 15 | Rock Music History and Appreciation |
| MUS 15H | Rock Music History and Appreciation - Honors |
| MUS 100 | Introduction to Western Classical Music |
| MUS 100H | Introduction to Western Classical Music - Honors |
| MUS 101 | Women in Music |
| MUS 102 | Film Music Appreciation |
| MUS 103 | Music and Culture of Hip Hop |
| MUS 103H | Music and Culture of Hip-Hop - Honors |
| MUS 105 | Western Music History I: Antiquity to 1750 |
| MUS 106 | Western Music History II: 1750 to Present |
| MUS 110 | Music Fundamentals |
| PHOT 15 | History of Photography |
| SPCH 4 | Performance of Literature |
| THTR 9 | Introduction to Theater Arts |
| THTR 10 | History of Theater Arts |
| THTR 11 | Principles of Acting I |
| C-2: Humanities | |
| ARAB 1 | Elementary Arabic |
| ARAB 2 | Continuing Elementary Arabic |
| CHIN 1 | Elementary Chinese |
| CHIN 2 | Continuing Elementary Chinese |
| CHIN 3 | Intermediate Chinese |

| CHIN 4 | Continuing Intermediate Chinese |
|----------|--|
| ENGL 1B | English - Introduction to Literary Types |
| ENGL 1BH | English - Introduction to Literary Types - Honors |
| FRCH 1 | Elementary French |
| FRCH 2 | Continuing Elementary French |
| FRCH 3 | Intermediate French |
| | |
| FRCH 4 | Continuing Intermediate French |
| FRCH 60 | French Culture Through Cinema |
| GERM 1 | Elementary German |
| GERM 2 | Continuing Elementary German |
| GERM 3 | Intermediate German |
| GERM 60 | German Culture through Cinema |
| HIST 1 | History of the United States ² |
| HIST 3 | World History: Prehistoric to Early Modern ² |
| HIST 3H | World History: Prehistoric to Early Modern - Honors ² |
| HIST 4 | World History. Early Modern to the Present ² |
| HIST 4H | World History: Early Modern to the Present - Honors ² |
| HIST 7 | History of the United States to 1877 ² |
| HIST 7H | History of the United States to 1877 - Honors ² |
| HIST 8 | History of the United States from 1865 ² |
| HIST 8H | History of the United States from 1865 - Honors ² |
| HIST 9 | Asian American and Pacific Islander History ² |
| HIST 10 | History of Premodern Asia ² |
| HIST 10H | History of Premodern Asia - Honors ² |
| HIST 11 | History of Modern Asia ² |
| HIST 11H | History of Modern Asia - Honors ² |
| HIST 16 | The Wild West - A History, 1800-1890 ² |
| HIST 18 | History of Latin America ² |
| HIST 19 | History of Mexico ² |
| HIST 30 | History of the African American 1619-1877 ² |
| HIST 31 | History of the African American ² |
| HIST 35 | History of Africa ² |
| HIST 36 | Women in American History ² |
| HIST 39 | California History ² |
| HIST 40 | History of the Mexican American ² |
| HIST 44 | History of Native Americans ² |
| HUMA 1 | Humanities and the Human Experience |
| HUMA 1H | Humanities and the Human Experience - Honors |
| ITAL 1 | Elementary Italian |
| ITAL 2 | Continuing Elementary Italian |
| ITAL 3 | Intermediate Italian |
| ITAL 4 | Continuing Intermediate Italian |
| ITAL 60 | Italian Culture Through Cinema |
| ITAL 61 | Italian Culture through Food |
| JAPN 1 | Elementary Japanese |
| JAPN 2 | Continuing Elementary Japanese |
| JAPN 3 | Intermediate Japanese |
| JAPN 4 | Continuing Intermediate Japanese |
| JAPN 5 | Advanced Japanese |
| JAPN 62 | Japanese Culture Through Anime and Manga |
| KORE 4 | Continuing Intermediate Korean |
| KORE 60 | Korean Culture Through Cinema |
| LATN 1 | Elementary Latin |
| LATN 1H | Elementary Latin - Honors |
| LATN 1 | Continuing Elementary Latin |
| LATN 2H | Continuing Elementary Latin - Honors |
| LING 2 | Languages, Gender, and Power |
| LINU Z | Languages, octiue, and i owei |

| LING 3 | Languages, Cultures, and Writing in East Asia |
|-----------|---|
| LING 4 | Introduction to World Languages |
| LIT 1 | Early American Literature |
| LIT 2 | Modern American Literature |
| LIT 3 | Multicultural American Literature |
| LIT 6A | Survey of English Literature |
| LIT 6B | Survey of English Literature |
| LIT 10 | Survey of Shakespeare |
| LIT 11A | World Literature to 1650 |
| LIT 11B | World Literature from 1650 |
| LIT 14 | Introduction to Modern Poetry |
| LIT 15 | Introduction to Cinema |
| LIT 20 | African American Literature |
| LIT 25 | Contemporary Mexican American Literature |
| LIT 36 | Introduction to Mythology |
| LIT 40 | Children's Literature |
| LIT 46 | The Bible As Literature: Old Testament |
| LIT 47 | The Bible As Literature: New Testament |
| PHIL 5 | Introduction to Philosophy |
| PHIL 5H | Introduction to Philosophy - Honors |
| PHIL 12 | Introduction to Ethics |
| PHIL 12H | Introduction to Ethics - Honors |
| PHIL 15 | Major World Religions |
| PHIL 15H | Major World Religions - Honors |
| PHIL 16 | Introduction to the Philosophy of Religion |
| PHIL 16H | Introduction to Philosophy of Religion - Honors |
| PHIL 20A | Introduction to Ancient Philosophy |
| PHIL 20AH | Introduction to Ancient Philosophy - Honors |
| PHIL 20B | Introduction to Modern Philosophy |
| PHIL 20BH | Introduction to Modern Philosophy - Honors |
| POLI 5 | Political Theory I - Ancient to Contemporary ² |
| POLI 7 | Political Theory II - Early Modern to Contemporary ² |
| PUBH 20 | History of Western Medicine |
| SIGN 101 | American Sign Language 1 |
| SIGN 101H | American Sign Language 1 - Honors |
| SIGN 102 | American Sign Language 2 |
| SIGN 103 | American Sign Language 3 |
| SIGN 104 | American Sign Language 4 |
| SIGN 202 | Cultures in the Deaf Community |
| SPAN 1 | Elementary Spanish |
| SPAN 1S | Spanish for the Spanish Speaking |
| SPAN 2 | Continuing Elementary Spanish |
| SPAN 2S | Continuing Spanish for the Spanish Speaking |
| SPAN 3 | Intermediate Spanish |
| SPAN 4 | Continuing Intermediate Spanish |
| SPAN 60 | Latin American Culture Through Cinema |
| | |

Area D: Social, Political, and Economic Institutions and Behavior; Historical Background

| Course Prefix | Course Name | Units |
|--------------------------------|--|-------|
| Choose a minimum of six units: | | 6 |
| AGAG 1 | Food Production, Land Use, and Politics - A Global Perspective | |
| AHIS 3 | History of Women and Gender in Art ² | |
| AHIS 3H | History of Women and Gender in Art - Honors ² | |
| AHIS 9 | History of Asian Art and Architecture ² | |
| AHIS 11 | History of African, Oceanic, and Native American Art ² | |
| AHIS 11H | History of African, Oceanic, and Native American Art - Honors ² | |
| AHIS 12 | History of Precolumbian Art and Architecture ² | |
| | | |

| AHIS 12H | History of Precolumbian Art and Architecture - Honors ² |
|----------|---|
| AHIS 13 | World Art and Visual Culture ² |
| AHIS 14 | Rome: The Ancient City ² |
| AHIS 15 | Culture and Art of Pompeii ² |
| ANTH 4 | Archaeology |
| ANTH 5 | Cultural Anthropology |
| ANTH 5H | Cultural Anthropology - Honors |
| ANTH 6 | Language and Culture: An Introduction to Linguistic Anthropology |
| ANTH 15 | Peoples and Cultures of Latin America and the Caribbean |
| ANTH 16 | Peoples and Cultures of South Asia |
| ANTH 17 | Peoples and Cultures of the Middle East |
| ANTH 30 | The Native American |
| ANTH 50 | Introduction to Science, Technology, and Society |
| BUSC 1A | |
| BUSC 1AH | Principles of Economics - Macroeconomics |
| BUSC 1B | Principles of Economics - Macroeconomics - Honors |
| BUSC 1BH | Principles of Economics - Microeconomics |
| | Principles of Economics - Microeconomics - Honors |
| BUSL 100 | American Law and Democracy |
| CHLD 1 | Child, Family, School and Community Child Growth and Lifespan Development ² |
| CHLD 10 | · |
| CHLD 10H | Child Growth and Lifespan Development - Honors ² |
| CHLD 11 | Child and Adolescent Development ² |
| FASH 14 | Dress, Culture, and Identity |
| GEOG 2 | Human Geography |
| GEOG 2H | Human Geography - Honors |
| GEOG 5 | World Regional Geography |
| GEOG 8 | Urban Geography |
| GEOG 30 | Geography of California |
| HIST 1 | History of the United States ² |
| HIST 3 | World History: Prehistoric to Early Modern ² |
| HIST 3H | World History: Prehistoric to Early Modern - Honors ² |
| HIST 4 | World History: Early Modern to the Present ² |
| HIST 4H | World History: Early Modern to the Present - Honors ² |
| HIST 7 | History of the United States to 1877 ² |
| HIST 7H | History of the United States to 1877 - Honors ² |
| HIST 8 | History of the United States from 1865 ² |
| HIST 8H | History of the United States from 1865 - Honors ² |
| HIST 9 | Asian American and Pacific Islander History ² |
| HIST 10 | History of Premodern Asia ² |
| HIST 10H | History of Premodern Asia - Honors ² |
| HIST 11 | History of Modern Asia ² |
| HIST 11H | History of Modern Asia - Honors ² |
| HIST 16 | The Wild West - A History, 1800-1890 ² |
| HIST 18 | History of Latin America ² |
| HIST 19 | History of Mexico ² |
| HIST 30 | History of the African American 1619-1877 ² |
| HIST 31 | History of the African American ² |
| HIST 35 | History of Africa ² |
| HIST 36 | Women in American History ² |
| HIST 39 | California History ² |
| HIST 40 | History of the Mexican American ² |
| HIST 44 | History of Native Americans ² |
| JOUR 100 | Introduction to Mass Communications |
| JOUR 107 | Race, Culture, Gender, and Mass Media Images |
| NF 28 | Cultural and Ethnic Foods ² |
| POLI 1 | Introduction to American Government and Politics |
| POLI 1H | Introduction to American Government and Politics - Honors |

| POLI 2 | Comparative Politics |
|----------|---|
| POLI 5 | Political Theory I - Ancient to Contemporary ² |
| POLI 7 | Political Theory II - Early Modern to Contemporary ² |
| POLI 9 | International Relations |
| POLI 10 | Environmental Politics |
| POLI 25 | Latino Politics in the United States |
| POLI 35 | African American/Black Politics |
| PSYC 1A | Introduction to Psychology |
| PSYC 1AH | Introduction to Psychology - Honors |
| PSYC 14 | Developmental Psychology ² |
| PSYC 14H | Developmental Psychology - Honors ² |
| PSYC 15 | Introduction to Child Psychology ² |
| PSYC 19 | Abnormal Psychology |
| PSYC 20 | Introduction to Social Psychology |
| PSYC 25 | The Psychology of Women ² |
| R-TV 01 | Introduction to Electronic Media |
| SOC 1 | Introduction to Sociology |
| SOC 1H | Introduction to Sociology - Honors |
| SOC 2 | Contemporary Social Problems |
| SOC 2H | Contemporary Social Problems - Honors |
| SOC 4 | Introduction to Gerontology |
| SOC 5 | Introduction to Criminology |
| SOC 5H | Introduction to Criminology - Honors |
| SOC 12 | Introduction to Research Methods in the Social Sciences |
| SOC 14 | Marriage and the Family |
| SOC 14H | Marriage and the Family - Honors |
| SOC 15 | Sociology of Childhood and Adolescence ² |
| SOC 20 | Introduction to Race and Ethnicity |
| SOC 20H | Introduction to Race and Ethnicity - Honors |
| SOC 40 | Introduction to Sex and Gender Roles |
| SOC 110 | Introduction to Social Justice |
| SOC 130 | Introduction to LGBTQ Studies |
| SPCH 7 | Intercultural Communication |
| SPCH 7H | Intercultural Communication - Honors |
| SPCH 26 | Interpersonal Communication ² |
| SPCH 26H | Interpersonal Communication - Honors ² |
| SPCH 30 | Introduction to Communication Theory |
| SPCH 30H | Introduction to Communication Theory - Honors |
| | |

<u>Area E</u>: Lifelong Understanding & Self Development

| Course Prefix | Course Name | Units |
|----------------------------|---|-------|
| Choose at least one course | | 3 |
| AD 3 | Addiction: Prevention, Intervention, and Recovery | |
| BIOL 5 | Contemporary Health Issues | |
| BIOL 13 | Human Reproduction, Development and Aging | |
| BIOL 15 | Human Sexuality | |
| BIOL 15H | Human Sexuality - Honors | |
| CHLD 10 | Child Growth and Lifespan Development ² | |
| CHLD 10H | Child Growth and Lifespan Development - Honors ² | |
| CHLD 11 | Child and Adolescent Development ² | |
| COUN 2 | College Success Strategies | |
| COUN 5 | Career and Life Planning | |
| FCS 41 | Life Management | |
| KIN 34 | Fitness for Living | |
| LEAD 55 | Exploring Leadership | |
| NF 10 | Nutrition for Health and Wellness | |
| NF 12 | Sports Nutrition | |

Units

| NF 25 | Introduction to Nutrition Science |
|----------|---|
| NF 25H | Introduction to Nutrition Science - Honors |
| NF 28 | Cultural and Ethnic Foods ² |
| PSYC 14 | Developmental Psychology ² |
| PSYC 14H | Developmental Psychology - Honors ² |
| PSYC 15 | Introduction to Child Psychology ² |
| PSYC 25 | The Psychology of Women ² |
| PSYC 26 | Psychology of Sexuality |
| PSYC 33 | Psychology for Effective Living |
| PUBH 24 | Introduction to Public Health |
| SOC 15 | Sociology of Childhood and Adolescence ² |
| SPCH 26 | Interpersonal Communication ² |
| SPCH 26H | Interpersonal Communication - Honors ² |
| STDY 100 | University-level Practices for Academic Success |

Area F: Ethnic Studies

| Course Prefix | Course Name | Units |
|-------------------|---|-------|
| Choose one course | | 3 |
| AABS 1 | Introduction to Black Studies | |
| APIS 1 | Introduction to Asian American Studies | |
| ETHS 1 | Introduction to Ethnic Studies | |
| ETHS 2 | Race and Racism in Education | |
| LCAS 1 | Introduction to Chicanx Studies | |
| NAIS 1 | Introduction to Native American Studies | |

² Courses may not be double counted to satisfy more than one area, even if a course is listed in more than one area.

Notes

Course Prefix

- 1. Upper division transfer students (60-70 semester baccalaureate units), will need to have at least 30 semester units of general education. Within those 30 units, Area A (9) semester units and Mathematics (3) semester units must be completed with grades of "C-" or better.
- 2. Courses on this list have been approved by the CSU Office of the Chancellor for Fall 2023 and beyond. If a course was completed prior to approval, it cannot be certified for CSU General Education—Breadth requirements.
- 3. Some majors require specific general education courses. Students planning to transfer are advised to plan their schedules carefully in order to maintain progress.

CSU Graduation Requirement in U.S. History, Constitution and American Ideals

Course Name

It is recommended that you use one of the options below as part of the units required in General Education Area C or D.

| Option 1 | | |
|--|---|--|
| HIST 7 | History of the United States to 1877 | |
| or HIST 7H | History of the United States to 1877 - Honors | |
| Plus | | |
| HIST 8 | History of the United States from 1865 | |
| or HIST 8H | History of the United States from 1865 - Honors | |
| If Option 1 is selected, DO NOT select another History course as your third General Education Area D course. | | |
| Option 2 | | |
| Choose one course from U.S. History plus one course from American Institutions: | | |
| United States History | | |
| HIST 1 | History of the United States | |
| HIST 7 | History of the United States to 1877 | |
| HIST 7H | History of the United States to 1877 - Honors | |
| HIST 8 | History of the United States from 1865 | |
| HIST 8H | History of the United States from 1865 - Honors | |
| HIST 9 | Asian American and Pacific Islander History | |
| HIST 30 | History of the African American 1619-1877 | |

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| HIST 31 | History of the African American |
|-----------------------|---|
| HIST 36 | Women in American History |
| HIST 40 | History of the Mexican American |
| HIST 44 | History of Native Americans |
| American Institutions | |
| POLI 1 | Introduction to American Government and Politics |
| POLI 1H | Introduction to American Government and Politics - Honors |
| POLI 25 | Latino Politics in the United States |
| POLI 35 | African American/Black Politics |