

# CONTRA COSTA COLLEGE: CSU – California State University General Education Breadth Requirements:2024-2025

Name/SID #: \_\_\_\_\_

Major: \_\_\_\_\_

Transfer University: \_\_\_\_\_

Counselor/Appointment Date: \_\_\_\_\_

**ATTENTION STUDENTS:** CSU GE choices for transfer may differ between CCC, DVC, and LMC. Every effort has been made to ensure the information below is accurate and timely. However, this information is unofficial and should be checked against the official information found on the ASSIST website @ www.assist.org.

Students MUST earn a “C-” or better grade in Areas A1, A2, A3, and B4 courses to satisfy requirements. To request certification of GE completion, students must complete a “CSU GE Certification” form and file it with the Admissions and Records Office.

\*C=Completed, IP=In Progress, N = Needed

Area A: English Language Communication and Critical Thinking. Select ONE course in Area A1, A2, and A3 with a grade of “C-” or better in each course. 3 courses; minimum 9 semester or 12 quarter units required.			
	C	IP	N
<b><u>A1</u> ORAL COMMUNICATION</b> ESL 132; SPCH 120, 128, 141, 160B Note: if choosing SPCH-160B a total of 3 units must be completed to satisfy Area A1.  **Other Regionally Accredited College Course: _____			
<b><u>A2</u> WRITTEN COMMUNICATION</b> ENGL 001A, 001AX **Other Regionally Accredited College Course: _____ AP _____			
<b><u>A3</u> CRITICAL THINKING</b> ENGL 001C, 002B; PHILO 129, 130; SPCH 121, 121-I  **Other Regionally Accredited College Course: _____			
Area B: Scientific Inquiry and Quantitative Reasoning. Select ONE course from Area B1 and Area B2, one of these courses MUST have a corresponding lab from Area B3 (Combined lecture/lab courses are underlined). Complete ONE MATH course from Area B4 with a grade of “C-” or better. 3 courses plus a lab; minimum 9 semester or 12 quarter units required.			
	C	IP	N
<b><u>B1</u> PHYSICAL SCIENCE</b> ASTRO 120; CHEM <u>119, 120, 121, 226, 227</u> ; GEOG 120; GEOL 120; PHYS 110, <u>120, 120H, 121, 121H, 130, 230, 231</u> **Other Regionally Accredited College Course: _____ AP/CLEP/IB _____			
<b><u>B2</u> LIFE SCIENCE</b> ANTHR 140; BIOSC <u>110, 119, 132, 134, 145, 147, 172</u> ; PSYCH 150 **Other Regionally Accredited College Course: _____ AP/IB _____			
<b><u>B3</u> LABORATORY ACTIVITIES – One lab course required ONLY if not included in B1 or B2 course.</b> This requirement is met by completing a lab course or a combined lecture/lab in B1 or B2. combined lecture/lab courses are underlined. Lab must correspond to related lecture course. +GEOG 120 corresponds to GEOG 120L  ANTHR 140L (with ANTHR 140); BIOSC 172L (with BIOSC 172); GEOG 120L (with GEOG 120); GEOL 120L (with GEOL 120); PHYS 110L (with PHYS 110)  **Other Regionally Accredited College Course: _____ AP/CLEP/IB _____			
<b><u>B4</u> MATHEMATICS and QUANTATIVE REASONING</b> MATH 121, 135, 164, 170, 171, 180, 185, 190, 191, 200, 290, 292; SOCIO 234  **Other Regionally Accredited College Course: _____ AP/CLEP/IB _____			

Area C: Arts and Humanities. Select ONE course from Area C1 and Area C2 and a third course from either C1 or C2. 3 courses; minimum 9 semester or 12 quarter units required.			
<b>C1 ARTS</b> AFRAM 112; ART 108, 113, 114, 115, 117, 118, 190, 191, 194; DRAMA 101, 102, 103, 104, 110, 126, 165; ENGL 163; LARAZ 165, 190; MUSIC 102, 108, 114, 119, 120, 121, 130; SPCH 142  **Other Regionally Accredited College Course: _____ AP/IB _____	C	IP	N
<b>C2 HUMANITIES</b> AFRAM 113, 122, 123, 210; ANTHR 150; CHIN 120, 121; DRAMA 102, 103, 104, 165; ENGL 2B, 163, 210B, 220B, 230B, 250, 274, 293H; HIST 110, 120, 121, 122, 123, 124, 127, 140,141; HUMAN 113, 120, 130, 180; JAPAN 120, 121; LARAZ 127, 130, 165, 190; MUSIC 102; PHILO 101, 120, 130, 140, 150, 160, 180, 200; SPAN 120, 121, 220, 221, 230, 231; SPCH 122  **Other Regionally Accredited College Course: _____ AP/CLEP/IB _____	C	IP	N
<b>ADDITIONAL COURSE FROM C1 OR C2:</b> _____  **Other Regionally Accredited College Course: _____ AP/CLEP/IB _____	C	IP	N
Area D: Social Sciences. Complete TWO courses from two different disciplines. 2 courses; minimum 6 semester or 8 quarter units required. *Courses can be used to satisfy U.S. History, Constitution and American Ideals graduation requirements for the CSU.			
<b>D SOCIAL SCIENCES</b> ADJUS 120, 121, 135; AFRAM 110, 122, 123, 140, 210, 225, 228; ANTHR 125, 130, 140, 150; ECHD 120, 121, 144, 220; ECON 220, 221; GEOG 120, 130, 150, 160; HED 110; HIST 110, 120, 121, 122, 123, 124, 127, 140, 141; HUMAN 180; JRNAL 130; LARAZ 110, 113, 125, 127, 131, 141; MEDIC 211; PHILO 200; POLSC 125, 130, 140, 225; PSYCH 120, 122, 126, 128, 130, 132, 140, 150, 170, 220, 222; SOCIO 130, 142, 220, 221, 222, 225, 245, 250; SOCS 140, 141; SPCH 122	C	IP	N
Area E: Lifelong Understanding and Self-Development. 3 semester or 4 quarter units required.			
There is a limit of 1.5 units for Dance or PE activity units counting for this requirement. This AREA may NOT be fully satisfied by completing solely Dance or PE activity courses.			
<b>MILITARY SERVICE CREDIT:</b> Veterans may fully satisfy this requirement by submitting a copy of their DD-214 (Certificate of Release of Discharge from Active Duty) to the Admissions and Records office.			
<b>E LIFELONG LEARNING AND SELF-DEVELOPMENT</b> COUNS 120; DANCE 118A, 161A-B, 163A, 164A-B, 166A, 167A, 169A, 170A, 171A,172A; HED 120; KINES 199, 201, 205; PE 102A-D, 103A-D, 105A-D, 109A, 116A-D, 121A, 124A, 126 A-C, 135A-D,136A, 140A-B, 142, 157A, 165A-D, 173A-C, 209, 218A, 250A-C, 261A-B, 267A, 268A, 270A-B, 273A, 275A, 278A; PEIC 290; PSYCH 118, 120, 128  **Other Regionally Accredited College Course: _____	C	IP	N
Area F: Ethnic Studies. Select ONE course from Area F. 3 semester or 4 quarter units required.			
<b>F ETHNIC STUDIES</b> LARAZ 110, 130, 190  **Other Regionally Accredited College Course: _____	C	IP	N
CSU Graduation Requirements: U.S. History, Constitution and American Ideals. Complete ONE course from Group 1 and One course from Group 2			
<b>Group 1: Complete ONE Historical Development Course:</b> HIST 120, 121, 122 (AFRAM 122), HIST 123 (AFRAM 123), HIST 127 (LARAZ 127)  **Other Regionally Accredited College Course: _____ AP/CLEP _____  Note: The above courses may also be counted for GE Area 'C2' or Area 'D'	C	IP	N
<b>Group 2: Complete ONE U.S. Constitution and Government Course:</b> LARAZ 113; POLSC 125  **Other Regionally Accredited College Course: _____ AP/CLEP _____  Note: The above courses may also be counted for GE Area 'D'	C	IP	N