



COMMUNITY RESOURCE GUIDE

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ABORTION SERVICES

**Alameda County Medical Center:
Highland Hospital - Women's Services**
1141 East 31st Street
Oakland, CA 94602
510-437-4778

**Family Planning Associates Medical
Group**
400 29th Street, Suite 301
Oakland, Ca 94609
510-889-7099
877-833-7264

Family Planning Specialists
200 Webster Street, Oakland, CA 94607
510-268-3720

Planned Parenthood - Abortion Referrals
South Hayward Community Partnership
27287 Patrick Avenue
Hayward, CA 94544
510-300-3800

HEPPAC Community Partnership
5323 Foothill Boulevard
Oakland, CA 94601
510-300-3800

Choice Medical Group
1895 Mowry Avenue, Suite #116
Fremont, CA 94538

2365 Monte Pelier Drive
San Jose, CA 95116

2107 O'Farrell Street
San Francisco, CA 94115

408-971-4902 or online:
choicemedicalgroup.com

Eastmont Town Center Community Partnership
7200 Bancroft Avenue
Oakland, CA 94605
510-300-3800

San Mateo Health Center
35 Baywood Avenue
San Mateo, CA 94402
650-235-7940

ABORTION SERVICES

Planned Parenthood - Abortion Services

Central Hayward Health Center
1032 A Street
Hayward, CA 94541
510-300-3800

San Ramon Health Center
130 Ryan Industrial Court. #115
Ramon, CA 94583
925-838-2108

Walnut Creek Health Center
1357 Oakland Boulevard
Walnut Creek, CA 94596
925-935-3010

Mountain View Health Center
225 San Antonio Road
Mountain View, CA 94040
650-948-0807

Sunnyvale Health Center
815 Eddy Street
San Francisco, CA 94086
408-739-5151

Emergency Medi-Cal

Alameda County Social Services Agency
8477 Enterprise Way
Oakland, CA 94621
510-639-1090

Must apply in person
Provide proof of pregnancy status

ALCOHOL AND OTHER DRUGS SERVICES

BERKELEY

New Bridge Foundation
1841 Scenic Ave, Berkeley
510-548-7270
or 24-hours a day (800) 785-2400

Assessment, residential inpatient rehab program, partial day program, outpatient individual and group counseling, educational workshops. Financial aid available for qualified clients through city, state and federal agencies. Private insurance accepted.

CONCORD

John Muir Behavior Health Center
2740 Grant, Concord
925-680-6500

Initial assessment, detox, residential inpatient care and outpatient support groups and counseling. Accepts private insurance, Medicare.

FREMONT

Fremont Hospital
39001 Sundale Drive, Fremont
510-796-1100

Inpatient unit for adolescents exhibiting acute substance induced disorders.

HAYWARD

Cronin House Treatment Center
2595 Depot Road, Hayward
510-784-5874

Alcohol treatment center. Multiple services include assessment, detox, residential, education, outpatient, support groups. (Serves San Mateo, Oakland, San Jose, San Leandro).

Project Eden Youth Program
22646 Second Street, Hayward
510-247-8200

Treats teens up to 18. Services include initial assessment, family, individual and group counseling, Youth Prevention Program and Summer Program. Assessment is free, sliding scale for other services.

Second Chance, Hayward Recovery Center
107 Jackson Street, Hayward
510-886-8696

Outpatient services are assessment, individual and group counseling, education, social activities, crisis intervention. Anyone over the age of 12 is accepted. Many insurances accepted, financial assistance provided.

ALCOHOL AND OTHER DRUGS SERVICES

OAKLAND

Chrysalis

3837-3845 Telegraph Avenue,
Oakland
(510) 450-1192

Chrysalis is a drug and alcohol prevention, treatment, and recovery facility for women 18 years of age and older.

Thunder Road Adolescent Treatment Center

390 40th Street, Oakland
510-653-5040

Serves clients up to age 19. Services include assessment, residential, outpatient support, individual and group counseling.

Merritt Peralta Institute, Summit Medical Center

3012 Summit Street, Oakland
510-652-7000

Residential inpatient, outpatient, day treatment (mornings and/or evenings offered), workshops, group counseling.

PLEASANTON/DANVILLE/ SAN RAMON (TRI-VALLEY)

Discovery Counseling Center

155A Town and Country Drive, Ste
A Danville, CA 94526
925-837-0505

Assessment, both individual and group counseling, workshops, support groups, sliding scale and private insurance accepted, but no one is turned away for inability to pay.

RICHMOND

Neighborhood House of North Richmond

820 23rd Street, Richmond
510-235-9780

Assessment by telephone. 3-7 day detox, support groups. No one is turned away for inability to pay. Private insurance accepted. Serves only Contra Costa residents.

ALCOHOL AND OTHER DRUGS SERVICES

SAN FRANCISCO

**Haight-Ashbury Free Clinics -
Walden House**

1735 Mission Street, San Francisco
415-226-1775

Free outpatient counseling for individuals, groups,
families, couples.

Azure Acres Recovery Services

Sebastopol
800-222-7292

Outpatient only, program is 3 evenings a week for 8
weeks. Also education and support groups, family
groups, free drop in educational series, 7-8:30 Tuesdays.
Anyone over the age of 12 accepted. Many insurance
types accepted, financial assistance provided.
Transportation to Sebastopol is offered.

SAN JOSE AREA

**Amicus House Inc. Alcohol/drug
recovery**

466 S Buena Vista Ave, San Jose
(408) 294-2277

Offers intensive 12-step program, group support and
individual counseling.

Horizon South

650 Bascom Avenue, San Jose
(408) 283-8555

Offers two programs including screening and face-to-
face assessment, residential treatment services,
planning, observation, monitoring, and referral services.

**Santa Clara County National
Council on Alcohol and Drug
Dependence**

1415 Koll Circle, San Jose
800-315-2056

24-hour referrals for treatment programs.

ALCOHOL AND OTHER DRUGS SERVICES

SAN LEANDRO

Cherry Hill Detox

2035 Fairmont Drive, San Leandro
866-866-7496

This live-in program is designed to serve men and women who are withdrawing from alcohol and other drug (AOD) use, and those who are also experiencing co-occurring mental disorders (COD). Cherry Hill will accept program referrals from: other AOD treatment programs; mental health and social service agencies, law enforcement agencies, hospitals, families, individuals and self-referrals.

Second Chance Ashland Center

1403 164th Avenue, San Leandro
510-481-8645
or 24-hours (800) 315-2056

Free. Assessment, outpatient individual and group counseling.

SAN MATEO COUNTY

Alcohol and Drug Abuse Services of San Mateo County

Burlingame
650-573-3950

24-hour crisis help line. Referral services for clients in crisis: counseling, housing, outreaches. Sliding scale fees.

Palm Avenue Detox

2251 Palm Avenue, San Mateo
(650) 513-6500

Palm Avenue, a Social Model Detoxification Program, is a 15-bed facility serving men and women in San Mateo County who have a co-occurring substance use and mental health disorders. The majority of those admitted stay from 3 to 5 days. They may remain longer if their condition warrants it.

GENERAL ASSESSMENT

24 Hour Addiction Helpline, (855) 743-4144

National Alcohol and Drug Treatment Referral, 1-800-454-8966

AA MEETINGS, East Bay Central Office Directory, (510) 839-8900 (24 hr.)

For further referrals and updates, CSUEB students may contact Student Health and Counseling Services at (510) 885-3735.

Faculty, staff and administrators may contact the Employee Assistance Program at 1-800-234-5465, Behavioral Care Assistance Program.

COMMUNITY HEALTH CLINICS

FREMONT / HAYWARD / SAN LEANDRO

Washington Hospital
2000 Mowry Ave., Fremont
510-797-1111

Washington Clinic, Fremont
2500 Mowry Ave., Fremont
510-608-6174

Tri City Health Center
39500 Liberty St., Fremont
510-770-8040

Tri City Health Center
2299 Mowry Ave., Fremont
510-770-8040

Tiburcio Vasquez Health Center
22331 Mission Blvd., Hayward
510-471-5880

Winton Wellness Center
24100 Amador St., Hayward
510-266-1700

**Davis Street Family Resource Center -
Medical and Dental Clinic**
3081 Teagarden Street
San Leandro, CA 94577
510-347-4620

OAKLAND

Asian Health Services
818 Webster Ave., Oakland
510-986-6830

Bay Area Consortium for Quality Health Care
5709 Market St., Oakland
510-652-3300

La Clinica de la Raza
1515 Fruitvale Ave., Oakland
510-535-4000

Eastmont Wellness Center
6955 Foothill Blvd, Oakland
510-567-5700

West Oakland Health Center
700 Adeline St., Oakland
510-835-9610

Highland Hospital
1411 East 31st St., Oakland
510-437-4800

Native American Health Center
2950 International Blvd., Oakland
510-261-0524

East Oakland Health Center
7450 International Blvd., Oakland
510-430-9401

COMMUNITY HEALTH CLINICS

UNION CITY / NEWARK / PLEASANTON

Tiburcio Vasquez Health Center
33255 9th St., Union City
510-471-5880

Washington Clinic, Newark
35500 Dumbarton Court, Newark
510-797-7535

Axis Community Health
4361 Railroad Ave., Pleasanton
925-462-5544

Newark Health Center
6066 Civic Terrace Ave., Newark
510-505-1600

CONCORD CAMPUS

Concord Health Center
3052 Willow Pass Rd., Concord
800-495-8885

La Clinica Monument
2100 Monument Blvd., Pleasant Hill
925-363-2000

BERKELEY

Berkeley Free Clinic
2339 Durant Ave., Berkeley
800-625-4642

Berkeley Health Center for Women and Men
2908 Ellsworth St., Berkeley
510-843-6194

EATING DISORDERS

HOSPITAL PROGRAMS

Alameda Hospital, Alameda
2070 Clinton Ave., Alameda
Clinical: 510-814-4024
Outpatient: 510-814-4609

**Alta Bates Summitt Medical Center
Herrick Campus**
2001 Dwight Way, Berkeley
Inpatient: 510-204-4405
Outpatient: 510-204-4569

PRIVATE PROGRAMS

Concord Therapy Center
1868 Canyon Rd., Concord
925-682-4891

UC Berkeley Psychology Clinic
2205 Tolmon Hall, Berkeley
510-642-2055

**Overeaters Anonymous of Southern
Alameda County**
510-273-9037

REFERRAL SERVICES

Contra Costa Referral Service
925-946-4500

East Bay Counseling Choices Referral Service
510-525-6678

ACCESS Alameda County
1-800-491-9099
(only if uninsured or have MediCal)

**Association of Professionals Treating Eating
Disorders (APTED)**
www.aptedsf.com or call 415-771-3068

EMERGENCY FACILITIES

Students are responsible for any expenses incurred.

St. Rose Hospital

27200 Calaroga Avenue
Hayward, CA 94544
510-264-4000 (Main Number)
510-264-4026 (Emergency Dept)
24-Hour E.R.

Washington Hospital Healthcare System

2000 Mowry Avenue
Fremont, CA 94538
510-797-3430
24-Hour E.R. / Drop-in Clinic

Eden Hospital

20102 Lake Chabot Road
Castro Valley, CA 94546
510-537-1234 (Main number)
510-889-5015 (Emergency Dept)
24-Hour E.R.

Highland Hospital

1411 East 31st Street
Oakland, CA 94602
510-437-4800
24-Hour E.R. / Drop-in Clinic

Summit Medical Center

350 Hawthorne Avenue
Oakland, CA 94609
510-655-4000
24-Hour E.R.

Kindred Hospital

2800 Benedict Drive
San Leandro, CA 94577
510-357-8300
Acute Hospital Care / Physician Referral

Alta Bates Medical Center

2450 Ashby Ave.
Berkeley, CA 94705
510-204-4444
24-Hour E.R.

San Francisco General Hospital

1001 Potero Ave.
San Francisco, CA 94110
415-206-8000
24-Hour E.R. / Drop-in Clinic

John Muir Medical Center - Concord

2540 East Street
Concord, CA 94520
(925) 682-8200 (Main number)
925-674-3100 (Emergency dept)
E.R. / Drop-in Clinic

John Muir Medical Center - Walnut Creek

1601 Ygnacio Valley Road
Walnut Creek, CA 94598
925-939-3000 (Main number)
510-939-5800 (Emergency Department)
E.R. / Drop-in Clinic

***Alameda County Crisis Support Services**

1-800-309-2131

***Contra Costa Crisis Center**

1-800-833-2900

***24 hour, toll free, and confidential**

EMERGENCY FACILITIES

Students are responsible for any expenses incurred.

St. Rose Urgent Care Clinic

27200 Calaroga Avenue
Hayward, CA 94544
510-264-4046
Hours: 7 days a week 7:30a-7:30p

O'Brien After Hours Urgent Care

20100 Lake Chabot Road
Castro Valley, CA 94546
510-914-0854
Hours: M-F 6p-9p
Sat 2p-6p

Fremont Urgent Care

3161 Walnut Ave
Fremont, CA 94538
510-796-1000
Hours: M-F 8a-8p
Sat, Sun and Holidays 9a-5p

Doctor's Express Newark

5763 Stevenson Blvd
Newark CA 94560
510-656-5700
Hours: M-F 8a-8p
Sat 9a-5p
Sun 9a-5p

John Muir Medical Urgent Care

Hours for the four clinics below
M-F 9a-9p
Weekends 9a-5p
Holidays 9a-3p

Brentwood

*2400 Balfour Rd, Suite 120
Brentwood, CA 94513
925-308-8111*

San Ramon

*2305 Camino Ramon Suite 100 @ Bishop
Ranch 11
San Ramon, CA 94583
925-866-8050*

Concord

*2700 Grant Street, Suite 110
Concord, CA 94520
925-674-2500*

Walnut Creek

*1455 Montego Way, Suite 205
Walnut Creek, CA 94598
925-939-4444*

PSYCHOLOGICAL SERVICES

CRISIS HOTLINES

Alameda County (800) 309-2131 Hayward 510-889-1333
Contra Costa County (800) 833-2900 Fremont 510-794-5211
San Mateo County (650) 579-0350 Oakland 510-849-2212
National 1-800-273-TALK (8255)
STAND! Against Domestic Violence 1-888-215-5555

COMMUNITY RESOURCES

East Bay Counseling Choices
free referral service
510-525-6678 or 1-877-525-6678

Catholic Charities of the East Bay
in Oakland, Concord, Richmond and Brentwood
510-768-3103

Christian Counseling Centers
in cities accross the Bay Area
1-888-520-7200

Second Chance Centers
in Newark, Fremont, Hayward and San Leandro
510-792-4357

HAYWARD

La Familia Counseling Service
26081 Mocine Avenue
510-881-5921

**Hayward Police Department Family Services
Bureau**
330 West Winton Avenue
510-293-7048

Foothill Family Counseling Center
21297 Foothill Boulevard
510-889-7300

PSYCHOLOGICAL SERVICES

FREMONT / SAN LEANDRO / CASTRO VALLEY

Family Services of the Tri Cities
39217 Liberty Street, Fremont
510-791-3322

Davis Street Family Resource Center
various cities in San Leandro
510-347-4620

Eden Medical Center
20103 Lake Chabot Road, Castro Valley
510-889-5016

Family Service Counseling and Community Resource Center
2208 San Leandro Boulevard, San Leandro
510-483-6715

Eden Counseling Services
20253 Redwood Road, Castro Valley
510-247-9831

OAKLAND

Asian Access Community Mental Health Services
310 8th Street
510-451-6729

California School of Professional Psychology (CSPP)
519 17th Street
510-628-9065

Casa Del Sol
Mental Health Department
1515 Fruitvale Avenue
510-535-4170

La Clinica de la Raza
Mental Health Department
1501 Fruitvale Avenue
510-535-6200

Oakland Center for Holistic Counseling
2501 Harrison Street
510-444-3344

ALAMEDA / EL CERRITO

Alameda Family Services
2325 Clement Avenue, Alameda
510-629-6300

Women's Therapy Center
501 Kearney Street
510-524-8288
(services for women and couples)

PSYCHOLOGICAL SERVICES

BERKELEY

Berkeley Therapy Institute
1749 Martin Luther King Jr. Way
510-841-8484

Center for Creative Growth
1221 Marin Avenue
510-527-2100

Jewish Family and Children's Services
2484 Shattuck Avenue
510-704-7475

The Pacific Center
2712 Telegraph Avenue
510-548-8283
(LGBT focus)

The Psychotherapy Institute
2232 Carleton Street
510-548-2250

Wright Institute
510-548-9716

CONCORD / WALNUT CREEK / PLEASANT HILL

JFK University Counseling Center
380 Civic Drive, Pleasant Hill
925-798-9240

Planned Parenthood Walnut Creek
1357 Oakland Boulevard, Walnut Creek
925-935-3010

LIVERMORE / MORGAN HILL / SAN JOSE / DANVILLE

Anthropos Counseling Center
326 South L Street, Livermore
925-449-7925

Horizons Family Counseling
1112 South Livermore Avenue, Livermore
925-371-4747

Community Solutions
Morgan Hill
408-779-2113
(Medi-Cal or uninsured)

Gardner Family Health
Centro de Bienestar (Mental Health)
160 East Virginia Street, San Jose
408-287-6200

Discovery Counseling Center
115 A Town and Country Drive, Danville
925-837-0505

FAMILYPACT PROVIDERS

For a listing near you, please visit www.familypact.org or call 1-800-942-1054

HAYWARD

Alameda County Medical Center

24100 Amador Street
Hayward, CA 94544
510-670-5300

Planned Parenthood

1866 B Street
Hayward, CA 94541
1-800-967-7526

Saint Rose Hospital

27200 Calaroga Avenue
Hayward, CA 94545
510-471-2520

Tiburcio Vasquez Health

22331 Mission Boulevard
Hayward, CA 94541
510-471-5907

FREMONT

Tri-City Health Center Liberty

39500 Liberty Street
Fremont, CA 94538
510-770-8133

Tri-City Health Center Mowery

2299 Mowry Avenue
Fremont, CA 94538
510-252-6850

BERKELEY

Berkeley Primary Care Access

2001 Dwight Way
Berkeley, CA 94704
510-204-4666

City of Berkeley

830 University Avenue
Berkeley, CA 94710
510-981-5350

West Berkeley Family Practice

2031 6th Street
Berkeley, CA 94710
510-704-6000

FAMILYPACT PROVIDERS

OAKLAND

Alameda County Medical Center
1411 E 31st Street
Oakland, CA 94602
510-437-4800

Eastmont Wellness Center
6955 Foothill Boulevard
Oakland, CA 94605
510-567-5700

La Clinica de la Raza
1030 International Boulevard
Oakland, CA 94606
510-238-5400

La Clinica de la Raza
1515 Fruitvale Avenue
Oakland, CA 94601
510-535-4000

La Clinica de la Raza
4351 Broadway Avenue
Oakland, CA 94611
510-879-1907

La Clinica de la Raza
3451 East 12th Street
Oakland, CA 94601
510-535-4000

OB-GYN Partners for Health
365 Hawthorne Avenue
Oakland, CA 94609
510-893-1700

Planned Parenthood, Eastmont
7200 Bancroft Avenue
Oakland, CA 94605
1-800-967-7526

Planned Parenthood, West MacArthur
482 West MacArthur Boulevard
Oakland, CA 94609
1-800-967-7526

Native American Health Center
2950 International Boulevard
Oakland, CA 94601
510-261-0524

West Oakland Health Center
700 Adeline Street
Oakland, CA 94607
510-835-9610

Alta Bates Summit Medical Center
350 Hawthorne Avenue
Oakland, CA 94609
510-655-4000

East Bay AIDS Center Medical Group
3100 Summit Street
Oakland, CA 94709
510-869-8400

Tiger Health Clinic
4610 Foodhill Boulevard
Oakland, CA 94601
510-879-1600

FAMILYPACT PROVIDERS

SAN FRANCISCO COUNTY

Lyon-Martin Women's Health Services
1748 Market Street
San Francisco, CA 94102
415-565-7667

Planned Parenthood San Francisco
815 Eddy Street
San Francisco, CA 94109
415-441-7858

Larkin Street Youth Services
1044 Larkin Street
San Francisco, CA 94109
415-673-0911

Chinatown Public Health Center
1490 Mason Street
San Francisco, CA 94133
415-364-7600

UNION CITY / NEWARK / PLEASANTON / SAN RAMON

Tiburcio Vasquez Health Center
33255 9th Street
Union City, CA 94587
510-471-5907

Alameda County Newark Health Center
6066 Civic Terrace Avenue
Newark, CA 94560
510-505-1600

Axis Community Health Center
4361 Railroad Avenue
Pleasanton, CA 94566-6611
925-447-1881

Planned Parenthood
130 Ryan Industrial Court
San Ramon, CA 94583
925-838-2108

CONCORD / PLEASANT HILL / WALNUT CREEK

Concord Health Center
3052 Willow Pass Road
Concord, CA 94519
925-370-5100

Planned Parenthood
2185 Pacheco Street
Concord, CA 94542
925-676-0300

La Clinica de la Raza
2100 Monument Boulevard
Pleasant Hill, CA 94523
925-363-2200

Planned Parenthood
1357 Oakland Boulevard
Walnut Creek, CA 94596
925-935-3010

HIV RESOURCES

Berkeley Free Clinic

2339 Durant Ave., Berkeley
510-644-0425 or 1-800-6clinic
Anonymous

Tri-City Health Center

2299 Mowry Ave., #3B, Fremont
510-713-6685
Anonymous and Confidential

Hayward Health Center

24100 Amador Street, Suite 250, Hayward
510-670-5300

Second Chance Recovery Center

1826 B Street, Hayward
510-886-8696
Anonymous (Hep C testing also)

East Bay Recovery Project

2551 San Pablo Ave., Oakland
510-446-7100

AIDS Project East Bay

1800 Telegraph Ave., Oakland
510-663-7979

National HIV and STD Testing Resources

<http://hivtest.cdc.gov/Default.aspx>

Berkeley Public Health Center

830 University Ave., Berkeley
510-981-5350
Anonymous; Confidential w/other STDs

Community Alcohol Recovery Program (CARP)

21192 Hesperian Blvd., Hayward
510-783-8708

Planned Parenthood Golden Gate

1866 B Street, Hayward
1-800-967-7526

La Clinica de la Raza

3022 East 14th Street, Rm 600, Oakland
510-535-4230

Highland Campus

1411 East 31st Street, Oakland
F-1, Outpatient Clinic Bldg.
510-437-5054

AMASSI

222 14th Street, 2nd Floor, Oakland
510-588-5900

HOTLINES

HIV/AIDS

National HIV/AIDS Hotline

1-800-342-2437
(Spanish) 1-800-344-7432

California HIV/AIDS Hotline

1-800-367-2437

San Francisco HIV/AIDS Hotline

415-863-2437

CHILD ABUSE / DOMESTIC VIOLENCE

National Child Abuse Hotline

1-800-422-4453

National Domestic Violence Hotline

1-800-799-7233

GAY AND LESBIAN

National Gay & Lesbian Hotline

1-800-246-PRIDE (7743)

RAPE AND ABUSE

Rape, Abuse, Incest National Network

1-800-656-HOPE (4673)

IMMUNIZATIONS AND TRAVELER'S HEALTH

National Immunization Hotline

1-800-232-2522
(Spanish) 1-800-232-0233

Traveler's Health

1-877-394-8747

CRISIS

Crisis-Suicide Intervention

925-472-0999

24 Hour Crisis Line - Alameda County

1-800-309-2131

EMERGENCY SHELTERS

HAYWARD

Emergency Shelter Program, Hayward
24 hour hotline: 1-888-339-SAFE
510-581-5626
(for women)

Human Outreach Agency
510-582-1171
(single sober men)

FESCO Hayward
510-581-3223

FESCO The Family Shelter
510-886-5473

Seventh Step Foundation, Hayward
510-278-0230

South County Homeless Project, Hayward
510-732-5956
(for mentally disabled individuals)

OAKLAND

A Safe Place, Oakland
510- 444-7255
(for battered women and children)

Henry Robinson Multi Service Center,
Oakland
510-419-1010
(singles and families)

Covenant House, Oakland
510-625-7800
(for youth 18-24)

Salvation Army, Oakland
510-451-5547

City Team Ministries, Oakland
510-452-3758
(for single men)

East Oakland Community Project
510-532-3211

Casa Vincentia, Oakland
510-729-0316
(for pregnant women 18-25)

San Leandro Shelter
510-357-0205
(women and children)

Oakland Homeless Project
510-465-0881
(mentally disabled singles)

EMERGENCY SHELTERS

FREMONT / SAN LEANDRO

**Shelter Against Violent Environments
(SAVE), Fremont**
510-794-6056
(for battered women and children)

San Leandro Shelter
510-357-0205
(for women and children)

Tri-City Homeless
510-252-0910
(single adults and families)

BERKELEY

Harrison House, Berkeley
510-525-8841

**Berkeley Emergency Food and
Housing Project**
510-841-2789

CONCORD

Battered Women's Alternatives
(888) 215-5555

ALAMEDA

Midway Shelter
510-814-4210
(single adults and families)

LIVERMORE

Sojourner House
925-449-2510
(singles and families)

CRISIS LISTINGS

Suicide Prevention- Crisis Services

P.O. Box 9102
Berkeley, CA
510-889-1104

Grief Counseling Project

21636 Redwood Road
Castro Valley, CA
510-889-1104

**Suicide Prevention And Crisis Intervention
Service - Hayward/ San Leandro Area**

510-889-1333

Grief Counseling Program

PO Box 4369
San Rafael, CA
415-499-1195

Crisis Services

222 West 39th Avenue
San Mateo, CA
650-573-2662

Contra Costa Crisis Center

PO Box 3364
Walnut Creek, CA
800-837-1818

Tri-Valley Survivors of Suicide

925-829-4236

Crisis-Suicide Intervention

P.O. Box 3364
Walnut creek, CA
925-472-0999

24 Hour Crisis Line – Alameda County

1-800-309-2131

24 Hour Crisis Line – San Francisco

415-781-0500

24 Hour Crisis Line – Marin County

415-499-1100

24 Hour Crisis Line – Contra Costa County

1-800-833-2900

24-Hour Crisis Line – San Jose

408-279-8228

DERMATOLOGY

Carmel, Jeff & Roth
2557 Mowry Ave
Suite 34, Fremont
510-797-4111

Holman, Herbert
20055 Lake Chabot Rd, Ste 150
Castro Valley
510-881-7822

EARS, NOSE, THROAT

Larmore, Steven
5401 Norris Canyon Rd,
San Ramon
925-277-9000

Rubenstein, Ron
13847 E. 14th Street
Rm #200, San Leandro
510-352-5470
Facial & Reconstructive Surgery

Zeme, Mark
20083 Lake Chabot Rd,
Castro Valley
510-889-6673

GENERAL/FAMILY PRACTICE

Daniel, Howard
9933 McArthur Blvd
Oakland
510-568-3206
TAB, Colposcopy

Rowley, Robert
27206 Calaroga Ave
Suite 207, Hayward
510-887-4711
Blue Shield

INFECTIOUS DISEASE

Joseph, Patrick
5601 Norris Canyon Rd #220
San Ramon
925-277-2050

Martin, Diane
2191 Mowry Ave Suite 500C
Fremont
510-790-1045

Silvers, Jeffrey
13847 E. 14th
San Leandro
510-895-0388

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INTERNAL MEDICINE

Carlson, Jeffrey

1895 Mowry Ave., Suite 100
Fremont
510-670-1000
Cardiology

Hsu, Frank

21297 Foothill Blvd.
Suite 102, Hayward
510-538-4870
Endocrine

Kohleriter, Eric

27212 Calaroga Ave
Hayward
(Bay Valley Med Group)
510-785-5000

Ludmer, Paul

20126 Stanton Ave., Suite 100
Castro Valley
510-537-3556
Cardiology

Olover, Richard

27206 Calaroga Ave., Hayward
510-786-3890
5720 Stoneridge Mall Rd
Suite 250, Pleasanton
Nephrology

Strong, H. Evan

1999 Mowry Ave., Suite R, Fremont
510-745-8186
Nephrology - Hypertension

Turns, John

22101 Redwood Rd
Castro Valley
510-582-4700

Cowen, George

19845 Lake Chabot Rd.
Suite 211, Castro Valley
510-582-6966

Kaye, Brian

3010 Colby St., Suite 118
Berkeley
510-845-2529
Rheumatology

Lee, Stephen

27206 Calaroga Ave.
Suite 212, Hayward
510-887-1777
Gastroenterology

Meyer, Edward & Newman, Stanley

2557 Mowry Ave., Suite 12
Fremont
510-793-3722
Endocrinology

Silvers, Jeffrey

See under Infectious Diseases

Thygeson, N. Marcus

2999 Regent Street, Suite 425, Berkeley
510-548-6555
Gastroenterology

Wong, Peter Paul

20055 Lake Chabot Rd
Castro Valley
510-888-0657
Hem/Onc

Student Health & Counseling Services
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NEUROLOGY

Economou, Vasiliki
27206 Calaroga Ave
Hayward
510-783-7891

Mann, Barry
20055 Lake Chabot Rd., Suite 250
Castro Valley
510-886-7122

OBSTETRICS/GYNECOLOGY

Barrie Gene
2299 Mowry Ave., Ste #3A Fremont
510-794-1411

Gould, Murray
19845 Lake Chabot Rd
Suite 301, Castro Valley
510-881-5203
Partner-A. Silverman

Indman, Paul
15195 National Ave
Suite 201, Los Gatos
408-358-2788
Surgery/Laser

Levinsky, Debra
895 Moraga Road, Ste. #11 Lafayette
925-283-5800

McGlynn, Michael
433 Estudillo Rd
San Leandro
510-638-2900

Phillips, William
5575 W. Las Positas, Ste #330
Pleasanton
925-734-6655
ABC

Polito, John
1300 Bancroft Ave
San Leandro
510-483-1234

Walsztein, Benjamin
20130 Lake Chabot Rd
Castro Valley
510-581-7666
Infertility, Female Urology, Clinical asst
Prof. At Stanford

Wanetick, Sidney
19845 Lake Chabot Rd #302
Castro Valley
510-886-3400
NP, Colposcopy

Young, Raymond
2299 Mowry Ave, set. 3C
Fremont
(Women's Health Specialist)
510-796-7057

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OPHTHALMOLOGY/OPTOMETRY

Albrachtl, Diane
21675 Redwood Rd
Castro Valley
510-538-5252
Ophthalmology

UC Berkeley Eye Clinic
510-642-0992

Ophthalmic Medical Associates
1237 B Street
Hayward
510-886-3937

Mark Mandel	Cat/Ref Surgery
Patricia Yoon - Ophthalmologist	Glaucoma
Christopher Debacker - Ophthalmologist	General & Pediatric Ophthalmic

Shirin Barez	General & Pediatric Ophthalmic
Stanford Severin	Cat/Ref Surgery (Albany)

(Offices also in Fremont, Albany, San Ramon, & San Leandro)

Tonya Mantua - Optometrist
Stephen Denpone - Optometrist
Susan Inadomi - Optometrist
Mark Basta - Optometrist

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ORTHOPEDICS

Billings, William

3300 Webster Street, Suite 1200
Oakland
510-238-1200
Hand surgery

Malstrom, Robert

5565 Las Positas,
Pleasanton
925-460-0454

5601 Norris Canyon Rd
San Ramon
925-275-1133

87 Fenton, Livermore
925-373-9182

Marin, Pottorff, & Foster

19842 Lake Chabot Rd
Castro Valley
510-886-8844

Fremont Orthopedic Group

36890 Stivers Street
Fremont
510-793-6655

Hugh Bevan-Thomas
Daniel Morgan
Jan Eric Henstorff

Cheng, Norman

27206 Calaroga Ave., Suite 120
Hayward
510-786-2222

Spine Care Med Group

1850 Sullivan Ave., Suite 200
Daly City
650-985-7500

Goldthwaite, Noel
Reynolds, James
Schofferman, Jerome
Slosar, Paul

Peter Slabaugh

80 Grand Ave, Ste 400
Oakland
510-238-1200
Fax- 510-663-1543
(Spine Specialist)

PAIN MANAGEMENT

Alta Bates Comprehensive Career Center, Pain Management

2001 Dwight Way

Berkeley, 94704

510-204-4065

Brendan Morley M.D., Robert Jamosbi M.D., Burton Presbery M.D.

PULMONARY

Athos, Larry

19830 Lake Chabot Rd., Suite D

Castro Valley

510-889-1677

Johnson, Francis

20099 Lake Chabot Rd

Castro Valley

510-889-5085

Samir Vora

1860 Mowry Ave, Ste 310

Fremont

510-792-3222

Fax 510-792-5826

SURGERY (GENERAL & VASCULAR)

Mid Peninsula Surgical Associates Med Group

Saul Eisenstat M.D., Peter Naruns M.D.

Bruce Wilber M.D., Alfred Butner M.D.

2204 Grant Rd., Suite 203

Mt. View, 94040

650-964-0600

650-962-0203

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SURGEONS

**Bachelor, Eric &
Iverson, Ronald**
20055 Lake Chabot Rd
Castro Valley
510-537-1577

1387 Santa Rita Rd
Pleasanton
925-462-3700
Plastic surgeon

Randle, Jeffrey
20055 Lake Chabot Rd., Suite 110
Castro Valley
510-886-1422
Neurosurgery

Walker, Brian
13847 E. 14th St., Suite 118
San Leandro
510-352-8400

Hegg, Stanley
13851 E 14th St., Suite 101
San Leandro
510-483-9007
Plastic surgeon

Rubenstein, Ron
See ENT

Cheryl Ewing
Carol Franc Burk Breast Care Center
UCSF Comprehensive Cancer Center
1600 Divisadero St
2nd Floor, Box 1710
San Francisco, 94143-1710
415-353-7070

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UROLOGY

Avon, Mark R.

1999 Mowry Ave., #2M
Fremont
510-793-3505

Chabot Urology Medical Associates

20055 Lake Chabot Rd., Suite 310
Castro Valley
510-889-9166

5201 Norris Canyon Rd., #210

San Ramon
925-830-1940

Wong, Roland

27212 Calaroga Ave
Hayward
510-785-5000

Misra, Sourjya P., M.D.

13847 E. 14th Street, Suite 119
San Leandro
510-483-5500

Bulusu, Narayan V., M.D.

13847 E. 14th Street, Suite 119
San Leandro
510-383-5500